

*your ultimate*

# HOSPITAL BAG CHECKLIST

*mom* 

- Nursing Bras x 2
- Pajamas x 2
- Water Bottle
- Robe
- Pillow + Blanket
- Fridamom Perri-bottle + Briefs
- Toiletries (makeup, deodorant, toothbrush + toothpaste, etc)
- Hair Dryer
- Hospital Shoes
- Phone Charger
- Nightlight
- Nursing Pillow
- Breast Pump
- Heating Pad
- Snacks

*dad* 

- Pillow + Blanket
- Toiletries
- Water Bottle
- Change of Clothes x 2
- Pajamas
- Snacks

*baby* 

- Swaddle
- Going Home Outfit
- Onesie or Pajamas x 2
- Pacifier
- Name Tag or Any props for photos
- Carseat

